



The Original Plate



## VIBROGYM®

VibroGym® Professional is designed to meet the high demands of gyms and spas.

## PROFESSIONAL

Based on the principle of 'whole body vibration' we introduce a new, highly effective training method: VibroTraining®. VibroGym® is produced in the Netherlands to ensure top quality. The complex motor construction consists of two 350W-motors built into the vibration platform. They are steered, controlled and synchronized through electronics used in Formula 1 cars.

The great usability of the VibroGym® Professional is ensured by easy to handle and virtually maintenance-free technology, and by easily adjustable training programmes and exercises. VibroGym® Professional – a perfect symbiosis of stainless steel, functionality, technology, lasting quality and timeless design.



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### Coming with the product:

#### VibroStraps

The upper body straps can be adjusted in length; they stimulate specific groups of muscles.



#### VibroMat

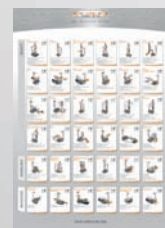
A mat is provided for exercises that involve parts of the body, other than the feet, coming into direct contact with the platform. The mat has a damping effect and protects clothing.



### VibroGym® Professional

#### VibroTraining® Poster

The high-quality poster illustrates the 36 VibroTraining® exercises in a self-explanatory way.



#### VibroTraining® DVD

On the enclosed DVD the 36 VibroTraining® exercises are vividly demonstrated.



#### VibroMat Deluxe

The mat is foldable so that users can increase the size of the training area and perform ground exercises at different levels.



## TECHNICAL SPECIFICATIONS VIBROGYM® PROFESSIONAL

### Properties of the VibroGym® Professional

Material	Stainless steel
Dimensions (l x b x h)	800 mm x 800 mm x 1400 mm
Weight	90 kg/193 lb
Voltage	110-130V and 220-240V
Power Consumption	350 Watt
Maximum Load	140kg/300 lb
Frequency settings	30-35-40-50 HZ
Force	2.1 kN/3.9 kN
Colour	Silver-grey
Operation	Membrane keyboard, start/repeat/stop button
Warranty	2 year factory guarantee *conditions apply